

NEWSLETTER

WYOMING SCHOOL NUTRITION ASSOCIATION



CONFERENCE UPDATES,
RECIPES, RECIPES, REGIONAL
NEWS, AND MORE!



www.wyomingsna.com



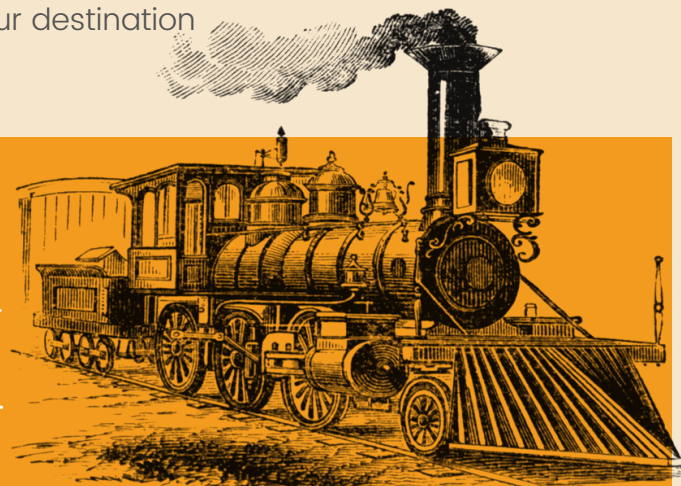
ALL ABOARD! MOVING FORWARD

Now boarding: all Wyoming School Nutrition Professionals are invited to jump on the right track and let the Wyoming School Nutrition Association help you reach your destination this June!

JUNE 24TH-27TH

Cheyenne, Wy

Watch for classes to assist you on your journey through: ServSafe, Special Diets, Networking, Recipes, and Offer vs. Serve and much much more!



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A LETTER FROM THE BOARD PRESIDENT



Fall is here! Crunchy leaves, sweaters, and pumpkin flavored everything! It's also a great time to ponder on the things that you are most thankful for: family, friends, and SNA! I hope you know that your WY SNA is here for you no matter what role you play. Our new Board is off to a great start. We met as a Board for the first ever Strategic Planning Workshop in August .We discussed the needs of the members of our association and developed a fantastic goal for the 23-24 year. Our goal is as follows:

- Increase the value of a WY SNA membership by creating and sharing exclusively with our membership at least 5 resources on our website.

The 5 areas we will be developing resources for you will be: Recipes, Special Diets, ServeSafe Exam Resources, Nutrition Software & SIS Networking Guide, and Offer vs. Serve. Stay tuned for those resources to start showing up on our website in the next couple of months.

I am also super excited about our plans for the Annual State SNA Conference, June 24-27, 2024 in Cheyenne Wyoming. Our theme for the week is: All Aboard! Moving Forward! Plans are coming together for some excellent classes and opportunities to network with those around the state. If you have an interest in sharing your talents, speak up and let us know. Make sure to mark your calendars because you won't want to miss out!

Finally, I want to express my gratitude for all those who have given of their time and talents to keep your WY SNA moving forward. Thank you!

Holly Cawley

RECIPES

FROM AROUND THE STATE



PUMPKIN SPICE APPLESAUCE

From the SouthWest region:
Uinta County School District #1

1 #10 can pumpkin
2 #10 cans applesauce
5 lbs whipped topping
3 TBS vanilla
3 TBS Cinnamon
3 TBS Pumpkin pie spice

Serving Size: 1/2 Cup
Yields: 80 servings

Credits as:
1/8 Cup red/orange vegetable
1/4 Cup Fruit

STRAWBERRY PUDDING PARFAIT

From the NorthEast region:
Crook County School District #1

11/8 pounds of STRAWBERRY
FRESH DRISCOLL
2 1/8 x Can of PUDDING CHOCOLATE
1/8 x Can of PUDDING VANILLA
1/8 x Bag of WHIPPED TOPPING ON-TOP

Layer 1/4 cup chocolate pudding, 1/4 cup
strawberries 1/4 cup vanilla pudding,
and 1/4 cup strawberries in a 9 oz parfait cup.
Dollop 2 tablespoons whipped topping on top
. Place in cold holding until time of service

Serving Size: 9 oz Cup
Yields: 6 servings

Credits as:
1/2 Cup fruit



PANTHER CHICKEN BOWLS

From the NorthWest region:
Park County School District #1

Layer in each bowl:
1/2 Cup Mashed potatoes
1/4 Cup Corn
4.3 oz (10 Pieces) Popcorn Chicken
1/4 Cup Country Gravy

Serving Size: 1 bowl
Yields: 1 serving

Credits as:
3/4 cup Starchy Vegetable
2 oz Meat/MA
1 oz Grain



Wyoming Grown

A huge thank you to
the WDE for supporting our local farmers
and helping to facilitate locally grown produce in
schools! For more information on this grant, reach
out to your regional representative at the WDE!



CRUNCH OFF

Powell, WY

Students in Park County School District #1
“crunched” into a large variety of produce
grown exclusively in Wyoming.
The feature of the crunch off was lemon
cucumbers, but in addition to that,
students tried: Purple Island Bell Peppers,
Various Cucumbers, Rainbow Carrots,
Shishito Peppers, and more!



NATIONAL SCHOOL LUNCH WEEK ACROSS THE STATE



From the NorthEast region: CROOK COUNTY SCHOOL DISTRICT #1

we celebrated NSLW Level Up by having dress up days and a day dedicated to eating. Monday was Mario Monday wear red and try something red--tomatoes, strawberries, salsa. Tuesday was Toad Tuesday wear a hat and eat our veggies. Wednesday was Princess Peach, yep eat your peaches or any fruit and have crazy hair. Thursday was Luigi day wear green and try something green--we made green applesauce. Each day kids participated we put blocks up to reach Mario and Luigi to defeat Bowser.

From the SouthEast region: LARAMIE SCHOOL DISTRICT #1

Laramie County School District celebrated National School Lunch Week October 10-13, 2023. 29,367 free meals were served to students. This breaks down to an average of 7,342 meals per day. Participation went up over 12% from the previous week. Students enjoyed "leveled up" fruits and vegetables such as rainbow carrots, ninja radishes, and baby bananas. The top schools that increased their participation for the week the most received a visit from Talon the next week. Talon is the LCCC mascot



From the Northwest region: PARK COUNTY SCHOOL DISTRICT #1

National School Lunch Week in Park County School District #1 was met with a themed menu, fun prizes, and lots of giggles! Student's Leveled-Up their meal in Toad's "mushroom city" by adding roasted mushrooms to their hamburgers. They powered up with colorful fruits and vegetables to eventually help defeat bowser. The College E-sports team came and interacted with students as well.

HALLOWEEN IN SWEET WATER COUNTY SCHOOL DISTRICT #2



“WE JUST CELEBRATED HALLOWEEN AND HAD A SPOOKY GOOD TIME WITH THE KIDS DURING MEAL SERVICE. WE ARE ALL GEARING UP FOR OUR THANKSGIVING MEALS, SOME DISTRICTS ARE INVITING PARENTS IN TO JOIN IN THE FESTIVITIES. “



MEET YOUR NORTHEAST REGIONAL REPRESENTATIVE

HI MY NAME IS MELISSA AND I AM A COOK IN CROOK COUNTY DISTRICT #1 AT THE HULETT SCHOOL. HULETT SCHOOL IS A K-12 SCHOOL WITH 160 STUDENTS. I HAVE BEEN A COOK FOR 10 YEARS. OUTSIDE OF SCHOOL I ENJOY GETTING ON MY 4-WHEELER AND RIDING THE TRAILS IN THE BLACK HILLS OF WYOMING. I'M ALSO INVOLVED WITH 4-H, BOOSTER CLUB AND CHURCH. I HAVE TWO BOYS THAT KEEP ME BUSY WITH SPORTS. I WOULD LOVE TO HEAR FROM YOU AND GET TO KNOW YOU BETTER.

IF YOU HAVE ANY QUESTIONS ABOUT THE SNA OR WOULD LIKE INFORMATION ON HOW YOU CAN GET INVOLVED, CONTACT YOUR REGIONAL REPRESENTATIVE

NORTHEAST REP

MELISSA WILLIAMS
<WILLIAMSM@CROOK1.COM>

SOUTHWEST REP

LEAH KENISON
<LEAH.KENISON@SWCSD2.ORG>

NORTHWEST REP

HANNAH BROOKS
<BEAVERCREEKBROOKS@GMAIL.COM>

SOUTHEAST REP

ASHLEY ROTH
<ASHLEY.ROTH@LARAMIE1.ORG>

“
EXCITING THINGS HAPPENING IN UINTA SCHOOL DISTRICT
#1

I CAME TO WORK AND DIDN'T CRY OR CUSS TODAY! LOL

WE HOSTED THE 1ST ANNUAL HOMECOMING BBQ AT EVANSTON HIGH SCHOOL. WE FED THE ENTIRE HIGH SCHOOL STUDENT BODY AND STAFF APPROX 850 PEOPLE

PARTNERED WITH OUR CULINARY ARTS CLASS TO HOST THE CHAMBER OF COMMERCE LUNCHEON, NUTRITION SERVICES PREPARED FOOD AND THE STUDENTS SERVED IT.
”



GETTING INVOLVED


FIGHTING CHILDHOOD FOOD INSECURITIES



LARAMIE SCHOOL DISTRICT #1

From the SouthEast region:
ASHLEY ROTH

Laramie County District #1 has implemented a new program in SY 23-24 branded the Reduced to Free Program. LCSD1 covers the cost for all reduced eligible students to eat at the free rate. In October 2023 this included 5,382 breakfasts and 13,220 lunches served to reduced eligible students at the free rate. We are very excited to be increasing access to free meals in our district!



From the NorthEast region:
TAMI RATCLIFFE
(Legislative Action Chair)

CARBON COUNTY SCHOOL DISTRICT #1



Tami has been proactive in the fight to provide free meals to all students. She has been meeting with leaders from across our state and in the true nature of being a "School Lunch Hero" she is using her super-power, her voice, to fight for her students, and yours!

If you would like more information on how you can get involved reach out to Tami at:
tratcliffe@crbl.net

Give the gift of Membership



W Y O M I N G
SCHOOL
NUTRITION
ASSOCIATION

Making the right food choices, together.

Struggling for the perfect gift to give your staff this season?

SNA membership provides educational and professional development resources, advocacy and networking to support your career and school nutrition program. By belonging to SNA you are part of something bigger than just your school or

district. You are joining the 58,000 committed members from across the county who are feeding the future.

Types of Membership

School Nutrition Individual Membership:

Membership for the individual school Nutrition professional (employees, managers, directors, students, etc.)

School District Membership (SDM):

A transferable membership that is purchased by a school district (or state agency) in the name of individual. **Buy 5 memberships and get the 6th FREE! (new members only)**



Scan the QR code to get started!

~Happy Holidays~

Sheila Stewart
WY SNA Membership Chairman

Top 6 Reasons to Join SNA

1. Free live and on-demand training webinars
2. Meetings & Events
3. Advocacy in Action
4. Certificate & Credentialing programs
5. School Nutrition Magazine
6. Tools to promote your school meal program

"Share your voice with the Nation"

-Linda Martin
UCSD #1 FS Director
Evanston, WY

